

# Band Self Reflection

Name:

Please answer each question thoughtfully and honestly.

1. What specifically are your biggest strengths as a musician?
2. What areas do you think that you need to improve on?
3. What do you enjoy most about band class?
4. In an average week, how much time do you devote to individual practice?
5. How consistently do you attend your weekly lesson? *Circle one.*

Always	Almost every week
Not very often	Never or almost never
6. Please set one goal that you would like to accomplish this year as a musician. Be specific, and list 3 things that you need to do in order to meet that goal.