

KMS Wrestling practice begins Monday, October 24!!!

We will practice Monday, Tuesday, and Wednesday. There will be no practice Thursday and Friday (October 27th & 28th) since there is no school.

Practices will be held right after school each night that school is in session. Wrestlers should be seated at the tables in the cafeteria right after school to wait for the coaches. Parents should be at the high school ready to pick their child up at 5:15 p.m.

**If school is cancelled due to bad weather there will be no practice.
Also, if school is called off early there will be no practice.**

Prior to the first day of practice wrestlers need the following turned into Ms. Holfeltz in order to participate in practice (**NO EXCEPTIONS!!**)

- **Physical or Alternate Card**
 - *Physical is required every other year.*
- **Emergency Contact Information Card**
- **Student Athletic Code of Conduct.**
 - *This will be taken care the first week of practice.*
- **\$25 User/Registration Fee**
 - *Checks made payable to "KMS"*

Other things wrestlers should have on the first day of practice:

- **Wrestling Shoes** – these can be purchased at MC Sports in West Bend. IF the shoes are not on sale indicate that you are part of the wrestling program in Kewaskum and would like a 20% off coupon. If they do not honor your request have your child check with me at school and I will get a coupon for you.
- **Head Gear** – wrestlers are required to wear this during live wrestling. Also available to at MC Sports.
- **Work out gear** – typical practice apparel includes underwear (not boxers), socks, t-shirt, and shorts.
- **Mouth Guard** – Strongly recommended, but not required.
- **Singlets will be provided!!!** You do not need to purchase one. I do encourage wrestlers to purchase some type of Kewaskum Wrestling apparel from the order form, but it is not required!

Please visit the school website and find the link for KMS Wrestling. You can find the link by navigating to my classroom website. Or you can type in the address below into your web browser.

<http://www.kewaskumschools.org/faculty/jdziedzi/KMSWR.cfm>

KMS Wrestling Coaches: Coach Dziejic
262-224-7645
jdziejic@ksd.k12.wi.us

Coach Rhoads
414-651-3951
SRhoads@ksd.k12.wi.us

We are looking forward to a fantastic year with these young WRESTLERS!!!

KMS 2011 Wrestling Schedule



THURSDAY NOVEMBER 10TH
WEST BEND @ KEWASKUM

TUESDAY NOVEMBER 15TH
KEWASKUM @ HARTFORD---BUS 2:30

THURSDAY NOVEMBER 17TH
KEWASKUM @ SLINGER---BUS 2:40

SATURDAY NOVEMBER 19TH
HARTFORD INVITATIONAL---BUS 7:20AM

TUESDAY NOVEMBER 29TH
SLINGER @ KEWASKUM

THURSDAY DECEMBER 1ST
KEWASKUM @ HARTLAND---3:30—MATCH @ 5:00

MONDAY DECEMBER 5TH
KEWASKUM @ GERMANTOWN---BUS 2:40

THURSDAY DECEMBER 8TH
KEWASKUM @ WEST BEND---BUS 2:55

SATURDAY DECEMBER 10TH
MIDDELTON INVITATIONAL---BUS 6:45AM

Coach Dziejic
262-224-7645 (cell#)
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262-626-8427 ext. 2016 (school)