

Daily Menu Offerings (Can be made into a "Meal")

Grab n Go Lunch, Variety of Salads, Deli Sandwiches, Hamburgers, Cheeseburgers, Chicken Patty, Spicy Chicken Patty, Pizza of the Day

Kewaskum High School Lunch Menu

October 2022

Chicken Nuggets^{WG}
Sweet Potato Fries
Baked Beans
Sun Chips

Fresh Apples
Pineapple Tidbits

Chicken Parmesan
Penne Pasta
Garlic Roasted Broccoli

Romaine Lettuce
Grapes
Diced Peas

Turkey & Gravy
Mashed Potatoes
Stuffing
Glazed Carrots

Warm Cinnamon
Applesauce
Craisins

Homecoming Tailgate
Burgers & Brats
Baked Beans
Corn
Sugar Snap Peas
Watermelon
Mixed Fruit
Tailgate Treat

Italian Fries
w/ Marinara Sauce
Seasoned Peas

Fresh Cauliflower
Strawberries
Diced Peaches

Any questions or concerns about the Nutrition Services Program?

Please contact:

Nutrition Services Director: Terri Miller
(262)626-3105 ext 4105 or
TMiller@kewaskumschools.org

Chicken Bacon Ranch
Sandwich
French Fries
Baked Beans

Fresh Apple Slices
Mandarin Oranges

Crispy Chicken Bowl
(Chicken Nuggets & Mashed Potatoes w/ Gravy)
Buttered Corn
WG Dinner Roll^{WG}

Diced Peas
Mixed Berries

Nachos
Taco Meat/Refried Beans^V
w/ Cheese Sauce
Green Beans
Grape Tomatoes
Mixed Fruit
Craisins

Bacon Egg & Cheese
Croissant
Tator Tots

Sliced Cucumbers
Banana
Rosy Applesauce

Pizza Sticks^{WG}
w/ Marinara Sauce
Broccoli w/ Cheese Sauce

Mini Peppers
Fresh Orange Wedges
Diced Peaches

LUNCH PRICES

Paid Lunch: \$3.00
Reduced Lunch: \$.40

Milk: \$.40
Adult Lunch: \$4.20

Mini Corn Dogs^{WG}
Baked Beans
Seasoned Peas

Fresh Apple Slices
Pineapple Tidbits

Popcorn Chicken^{WG}
Macaroni & Cheese
Roasted Broccoli

Sliced Cucumbers
Fresh Pear 1/2
Mixed Fruit

Appetizer Platter
(Chicken Nuggets, Mozzarella Sticks, & Fries)
Vegetable Medley

Diced Peaches
Cinnamon Applesauce

French Toast Sticks
Sausage Patty
Tator Tots

Fresh Baby Carrots
Apple Juice
Strawberries

Bistro Sandwich & Soup of the Day
Steamed Carrots

Sugar Snap Peas
Grapes
Diced Peas

BBQ Pulled Pork
Sandwich
French Fries
Baked Beans

Fresh Apple Slices
Diced Peas

Mashed Potato Bowl (Beef Stroganoff OR Shepherd's Pie over Mashed Potatoes)
Buttered Corn
Diced Peaches
Craisins

Orange Chicken
Fried Rice
Egg Roll
Steamed Broccoli

Banana
Mandarin Oranges

Breakfast Griddler
Tator Tots

Mini Peppers
Fresh Orange Wedges
Mixed Fruit

Professional Development Day
(No School)

Chicken Nuggets^{WG}
Sweet Potato Fries
Baked Beans
Sun Chips
Fresh Apples
Pineapple Tidbits
Halloween Treat

National School Lunch Week

October 10 - October 14

School Lunch is Groovy!



A variety of milk is served each meal -
1% & Fat Free
Chocolate

Global Cuisine

Mondays
Bistro Burger Bar

Tuesdays
A Taste of Italy

Wednesdays
Fiesta Bar
Nachos/Tacos/Burritos/Fajitas/
Quesadillas/Enchiladas

Thursdays
Wrap it Up Bar

Fridays
Chicago Dog Bar

Harvest of the Month

Apples

Find Recipes on our School Website under Nutrition Services

^V = Vegetarian ^{WG} = Whole Grain ^N = Contains Nuts ^{TN} = Contains Tree Nuts ^{PTN} = Produced in Plant Containing Nuts/Tree Nuts

*Menu Subject to Change

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