

Nutrition Bytes – Avoid Touching Your Face, Wait 6' Away from Others, Wash Your Hands w/ Soap & Water for at least 20 Seconds

A variety of milk (1% and Fat Free Chocolate) is offered at each meal.

Menu is *Subject to Change*

SCHOOL LUNCH

Kewaskum
Elementary Schools
March 2023

Any questions or concerns about the Nutrition Services Program?

Please contact:

Nutrition Services Director: Terri Miller
(262)626-3105 ext 4105 or
TMiller@kewaskumschools.org

LUNCH PRICES

Student Paid:	\$2.75
Reduced:	\$.40
Milk:	\$.40
Adult Lunch:	\$4.20

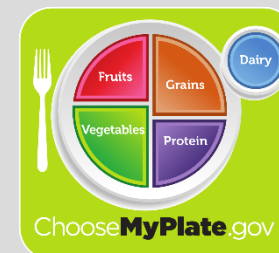
Cost per week: \$13.75
Cost per month (20days): \$55.00

Parents, please make checks payable to Child Nutrition. Bring checks to school office or mail to:

Child Nutrition c/o Kewaskum High School
1510 Bilgo Lane
Kewaskum, WI 53040

If your account should fall below \$10.00 you will receive a notice or a payment envelope.

Each student/staff member is issued a 4 – digit PIN/I.D. number which corresponds with their lunch



Harvest of the Month

Greens

Find Recipes on our School Website under Nutrition Services

1 – Turkey & Gravy, Mashed Potatoes, Steamed Carrots, Applesauce, Strawberry Cups

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

Dr. Seuss's Birthday
1 – "Hop on Pop" Mini Pancakes, Seuss's Scrambled Eggs, "Fox in Socks" Tater Tots, Truffula Trees (Broccoli), "Oh the Places You'll Go" Fruit
2 – Cat in the Hat Parfait
Red Fish Blue Fish Goldfish, Assorted Veggies
Birthday Treat – Red Fish, Blue Fish Jello Cup

1 – Pepperoni Pizza
Seasoned Peas, Fresh Cauliflower, Cinnamon Applesauce, Strawberry Cup

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Bacon Cheeseburger
French Fries, Baked Beans, Fresh Apple Slices, Diced Pears

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Crispy Chicken Bowl
(Chicken Nuggets, Mashed Potatoes, Corn, & Gravy), Rosy Applesauce

2 – Banana Bread Lunch

Banana Bread, Yogurt, Diced Pears, Assorted Veggies

Treat (for both) – Ice Cream Sand, P.T.N.

1 – Nachos (Taco Meat, Refried Beans, Cheese Sauce), Green Beans, Grape Tomatoes, Diced Pears, Strawberry Cups

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Bacon, Egg, & Cheese
Croissant, Tater Tots, Sliced Cucumbers, Fresh Apple Slices, Diced Peaches

2 – Ham Sub Lunch

Ham & Cheese Sub, Cinnamon Applesauce, Assorted Veggies

1 – Pizza Sticks, Marinara Sauce, Broccoli w/ Cheese, Mini Peppers, Cinnamon Applesauce, Strawberry Cup

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Mini Corn Dogs
Baked Beans, Seasoned Peas, Rosy Applesauce

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Popcorn Chicken, Macaroni & Cheese, Roasted Broccoli, Sliced Cucumbers, Diced Pears, Fresh Apple Slices

2 – Banana Bread Lunch

Banana Bread, Yogurt, Diced Pears, Assorted Veggies

Treat (for both) – Fruit Roll Up

1 – Grilled Cheese, Tomato Soup, French Fries, Vegetable Medley, Applesauce, Strawberry Cup

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – French Toast Sticks, Sausage Patty, Tater Tots, Fresh Baby Carrots, Mixed Fruit, Apple Juice

2 – Turkey Sub Lunch

Turkey & Cheese Sub, Strawberry Applesauce, Assorted Veggies

No School
(Professional Development Day)

1 – BBQ Pulled Pork
Sandwich, French Fries, Baked Beans, Fresh Apple Slices, Diced Pears

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Hot Dog
Tater Tots, Buttered Corn, Rosy Applesauce

2 – Banana Bread Lunch

Banana Bread, Yogurt, Diced Pears, Assorted Veggies

Treat (for both) – Smoothie Pop, P.T.N.

1 – Pizza Munchable
Flatbread, Pepperoni, Mozzarella Cheese, Marinara Sauce, Fresh Apple Slices, Assorted Veggies

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Peanut Butter Dipper
Peanut Butter Cup, Fresh Apple Slices, Baby Carrots, Celery Sticks, Cheese Stick, Pretzels, Graham Treat

2 – Ham Sub Lunch

Ham & Cheese Sub, Cinnamon Applesauce, Assorted Veggies

1 – Bosco Sticks w/ Marinara Sauce, Steamed Green Beans, Fresh Baby Carrots, Cinnamon Applesauce, Strawberry Cup

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Chicken Nuggets
Sweet Potato Fries, Baked Beans, Rosy Applesauce

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Mini Pizza Bagels
Roasted Broccoli, Sliced Cucumbers, Fresh Apple Slices, Diced Pears

2 – Banana Bread Lunch

Banana Bread, Yogurt, Diced Pears, Assorted Veggies

Treat (for both) – Choc Chip Cookie

1 – Turkey & Gravy, Mashed Potatoes, Steamed Carrots, Applesauce, Strawberry Cups

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Mini Pancakes, Scrambled Eggs, Tater Tots, Sugar Snap Peas, Mixed Fruit, Fresh Apple Slices

2 – Turkey Sub Lunch

Turkey & Cheese Sub, Strawberry Applesauce, Assorted Veggies

1 – Pepperoni Pizza
Seasoned Peas, Fresh Cauliflower, Cinnamon Applesauce, Strawberry Cup

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

V = Vegetarian WG = Whole Grain N = Contains Nuts TN = Contains Tree Nuts P.T.N. = Produced in Plant Containing Nuts/Tree Nuts

*Menu Subject to Change

This Institution is an Equal Opportunity Provider