

Daily Menu Offerings (Can be made into a "Meal")

Grab n Go Lunch, Variety of Salads, Deli Sandwiches,
Hamburgers, Cheeseburgers, Chicken Patty, Spicy Chicken Patty,
Pizza of the Day

Kewaskum High School Lunch Menu

November 2022

1 Chicken Parmesan Penne Pasta Garlic Roasted Broccoli

Romaine Lettuce
Grapes
Diced Pears

2 Appetizer Platter (Chicken Nuggets, Mozzarella Sticks, & Fries) Vegetable Medley

Diced Peaches
Cinnamon Applesauce

3 Cheese Omelet^V Pancakes^{WG} Tator Tots

Sugar Snap Peas
Apple Juice
Mixed Fruit

4 Italian Fries w/ Marinara Sauce Seasoned Peas

Fresh Cauliflower
Strawberries
Diced Peaches

**Any questions or concerns about the
Nutrition Services Program?**

Please contact:

Nutrition Services Director: Terri Miller
(262)626-3105 ext 4105 or
TMiller@kewaskumschools.org

7 Chicken Bacon Ranch Sandwich French Fries Baked Beans

Fresh Apple Slices
Mandarin Oranges

8 Crispy Chicken Bowl (Chicken Nuggets & Mashed Potatoes w/ Gravy) Buttered Corn WG Dinner Roll^{WG}

Diced Pears
Mixed Berries

9 Nachos Taco Meat/Refried Beans^V w/ Cheese Sauce Green Beans Grape Tomatoes Mixed Fruit Craisins

10 Bacon Egg & Cheese Croissant Tator Tots

Sliced Cucumbers
Banana
Rosy Applesauce

11 Pizza Sticks^{WG} w/ Marinara Sauce Broccoli w/ Cheese Sauce

Mini Peppers
Fresh Orange Wedges
Diced Peaches

LUNCH PRICES

Paid Lunch: \$3.00
Reduced Lunch: \$.40

Milk: \$.40
Adult Lunch: \$4.20

14 Mini Corn Dogs^{WG} Baked Beans Seasoned Peas

Fresh Apple Slices
Pineapple Tidbits

15 Popcorn Chicken^{WG} Macaroni & Cheese Roasted Broccoli

Sliced Cucumbers
Fresh Pear ½
Mixed Fruit

16 Turkey & Gravy Mashed Potatoes Stuffing Glazed Carrots

Craisins
Apple Pie

17 French Toast Sticks Sausage Patty Tator Tots

Fresh Baby Carrots
Apple Juice
Strawberries

18 Bistro Sandwich & Soup of the Day Steamed Carrots

Sugar Snap Peas
Grapes
Diced Pears

21 BBQ Pulled Pork Sandwich French Fries Baked Beans

Fresh Apple Slices
Diced Pears

22 Exam Week – ½ Day (Grab n Go Lunches available to purchase)

23 Professional Development Day (No School)

24 Thanksgiving Break (No School)

25 Thanksgiving Break (No School)

28 Chicken Nuggets^{WG} Sweet Potato Fries Baked Beans Sun Chips

Fresh Apples
Pineapple Tidbits

29 Chicken Parmesan Penne Pasta Garlic Roasted Broccoli

Romaine Lettuce
Grapes

30 Orange Chicken Fried Rice Egg Roll Steamed Broccoli

Banana
Mandarin Oranges

A variety of milk is
served each meal –
1% & Fat Free
Chocolate

Global Cuisine

Mondays

Bistro Burger Bar

Tuesdays

A Taste of Italy

Wednesdays

Fiesta Bar

Nachos/Tacos/Burritos/Fajitas/
Quesadillas/Enchiladas

Thursdays

"Wrap it Up" Bar

Fridays

Wacky Waffle Bar

Harvest of the Month

Winter Squash

Find Recipes on our School Website under
Nutrition Services

^V = Vegetarian ^{WG} = Whole Grain ^N = Contains Nuts ^{TN} = Contains Tree Nuts ^{PTN} = Produced in Plant Containing Nuts/Tree Nuts

*Menu Subject to Change

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