

Nutrition Bytes – Avoid Touching Your Face, Wait 6' Away from Others, Wash Your Hands w/ Soap & Water for at least 20 Seconds

A variety of milk (1% and Fat Free Chocolate) is offered at each meal.

Menu is *Subject to Change*

SCHOOL LUNCH

Kewaskum
Elementary Schools
November 2022

Any questions or concerns about the Nutrition Services Program?

Please contact:

Nutrition Services Director: Terri Miller
(262)626-3105 ext 4105 or
TMiller@kewaskumschools.org

LUNCH PRICES

Student Paid:	\$2.75
Reduced:	\$.40
Milk:	\$.40
Adult Lunch:	\$4.20

Cost per week: \$13.75
Cost per month (20days): \$55.00

Parents, please make checks payable to Child Nutrition. Bring checks to school office or mail to:

Child Nutrition c/o Kewaskum High School
1510 Bilgo Lane
Kewaskum, WI 53040

If your account should fall below \$10.00 you will receive a notice or a payment envelope.

Each student/staff member is issued a 4 – digit PIN/I.D. number which corresponds with their lunch

Nutrition Services is Hiring!

Looking for high energy, fun-loving, detailed individuals. It's perfect for individuals looking for something to do while their children are at school! Contact Terri Miller, Food Service Director, for more details.

Harvest of the Month

Winter Squash

Find Recipes on our School Website under Nutrition Services

1 – Mini Pizza Bagels
Roasted Broccoli, Sliced Cucumbers, Grapes

2 – Banana Bread Lunch
Banana Bread, Yogurt, Diced Pears, Assorted Veggies

Treat (for both) – *Choc Chip Cookie* ^{PTN}

1 – Grilled Cheese, Tomato Soup, French Fries, Vegetable Medley, Diced Peaches

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Mini Pancakes, Cheese Omelet, Tator Tots, Sugar Snap Peas, Mixed Fruit

2 – Turkey Sub Lunch

Turkey & Cheese Sub, Strawberry Applesauce, Assorted Veggies

1 – Pepperoni Pizza
Seasoned Peas, Fresh Cauliflower, Strawberries

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Bacon Cheeseburger
French Fries, Baked Beans, Fresh Apple Slices

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Crispy Chicken Bowl
(Chicken Nuggets, Mashed Potatoes, Corn, & Gravy), Diced Pears

2 – Banana Bread Lunch

Banana Bread, Yogurt, Diced Pears, Assorted Veggies

Treat (for both) – *Ice Cream Sand* ^{PTN}

1 – Nachos (Taco Meat, Refried Beans, Cheese Sauce), Green Beans, Grape Tomatoes, Mixed Fruit

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Bacon, Egg, & Cheese
Croissant, Tator Tots, Sliced Cucumbers, Fresh Orange Smiles

2 – Ham Sub Lunch

Ham & Cheese Sub, Cinnamon Applesauce, Assorted Veggies

1 – Pizza Sticks, Marinara Sauce, Broccoli w/ Cheese, Mini Peppers, Diced Peaches

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Mini Corn Dogs
Baked Beans, Seasoned Peas, Fresh Apple Slices

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Popcorn Chicken,
Macaroni & Cheese, Roasted Broccoli, Sliced Cucumbers, Mixed Fruit

2 – Banana Bread Lunch

Banana Bread, Yogurt, Diced Pears, Assorted Veggies

Treat (for both) – *Pudding Cua*

1 – Turkey & Gravy, Mashed Potatoes, Steamed Carrots, Cinnamon Applesauce

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – French Toast Sticks,
Sausage Patty, Tator Tots, Fresh Baby Carrots, Apple Juice

2 – Turkey Sub Lunch

Turkey & Cheese Sub, Strawberry Applesauce, Assorted Veggies

1 – Pizza Munchable
Flatbread, Pepperoni, Mozzarella Cheese, Marinara Sauce, Fresh Apple Slices, Assorted Veggies

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – BBQ Pulled Pork
Sandwich, French Fries, Baked Beans, Fresh Apple Slices

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Bosco Sticks w/ Marinara Sauce, Steamed Green Beans, Fresh Baby Carrots, Applesauce

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

Treat (for both) – *Push Up* ^{PTN}

Professional
Development Day
(No School)

Thanksgiving Break
(No School)

Thanksgiving Break
(No School)

1 – Chicken Nuggets
Sweet Potato Fries, Baked Beans, Fresh Apple Slices

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

1 – Mini Pizza Bagels
Roasted Broccoli, Sliced Cucumbers, Grapes

2 – Banana Bread Lunch

Banana Bread, Yogurt, Diced Pears, Assorted Veggies

Treat (for both) – *Choc Chip Cookie* ^{PTN}

1 – Orange Chicken, Fried Rice, Steamed Broccoli, Celery Sticks, Mandarin Oranges

2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

V = Vegetarian WG = Whole Grain N = Contains Nuts TN = Contains Tree Nuts PTN = Produced in Plant Containing Nuts/Tree Nuts

*Menu Subject to Change

This Institution is an Equal Opportunity Provider