

**Nutrition Bytes** – Avoid Touching Your Face, Wait 6' Away from Others, Wash Your Hands w/ Soap & Water for at least 20 Seconds

A variety of milk (1% and Fat Free Chocolate) is offered at each meal.  
Menu is *Subject to Change*

# SCHOOL LUNCH

Kewaskum  
Elementary Schools  
December 2022

*Any questions or concerns about the Nutrition Services Program?*

Please contact:

Nutrition Services Director: Terri Miller  
(262)626-3105 ext 4105 or  
[TMiller@kewaskumschools.org](mailto:TMiller@kewaskumschools.org)

## LUNCH PRICES

Student Paid:	\$2.75
Reduced:	\$.40
Milk:	\$.40
Adult Lunch:	\$4.20

Cost per week: \$13.75  
Cost per month (20days): \$55.00

Parents, please make checks payable to Child Nutrition. Bring checks to school office or mail to:

Child Nutrition c/o Kewaskum High School  
1510 Bilgo Lane  
Kewaskum, WI 53040

If your account should fall below \$10.00 you will receive a notice or a payment envelope.

Each student/staff member is issued a 4 – digit PIN/I.D. number which corresponds with their lunch

## Nutrition Services is Hiring!

Looking for high energy, fun-loving, detailed individuals. It's perfect for individuals looking for something to do while their children are at school! Contact Terri Miller, Food Service Director, for more details.

## Harvest of the Month

### Carrots

Find Recipes on our School Website under Nutrition Services

**1 – Bacon Cheeseburger**  
French Fries, Baked Beans,  
Fresh Apple Slices

### 2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

**1 – Crispy Chicken Bowl**  
(Chicken Nuggets, Mashed Potatoes, Corn, & Gravy), Diced Pears

### 2 – Banana Bread Lunch

Banana Bread, Yogurt, Diced Pears, Assorted Veggies

**Treat (for both) – Ice Cream Sand, PTN**

**1 – Nachos (Taco Meat, Refried Beans, Cheese Sauce), Green Beans, Grape Tomatoes, Mixed Fruit**

### 2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

**1 – Mini Pancakes, Scrambled Eggs, Tator Tots, Sugar Snap Peas, Mixed Fruit**

### 2 – Turkey Sub Lunch

Turkey & Cheese Sub, Strawberry Applesauce, Assorted Veggies

**1 – Pepperoni Pizza**  
Seasoned Peas, Fresh Cauliflower, Strawberries

### 2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

**1 – Bacon, Egg, & Cheese Croissant, Tator Tots, Sliced Cucumbers, Fresh Orange Smiles**

### 2 – Ham Sub Lunch

Ham & Cheese Sub, Cinnamon Applesauce, Assorted Veggies

**1 – Pizza Sticks, Marinara Sauce, Broccoli w/ Cheese, Mini Peppers, Diced Peaches**

### 2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

**1 – Mini Corn Dogs**  
Baked Beans, Seasoned Peas, Fresh Apple Slices

### 2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

**1 – Popcorn Chicken, Macaroni & Cheese, Roasted Broccoli, Sliced Cucumbers, Mixed Fruit**

### 2 – Banana Bread Lunch

Banana Bread, Yogurt, Diced Pears, Assorted Veggies

**Treat (for both) – Fruit Roll Up**

**1 – Grilled Cheese, Tomato Soup, French Fries, Vegetable Medley, Diced Peaches**

### 2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

**Holiday Brunch**  
**1 – Dutch Waffle, Sausage Patty, Hashbrown Triangle, Holiday Punch, Mini Cinnamon Roll**

### 2 – Turkey Sub Lunch

Turkey & Cheese Sub, Strawberry Applesauce, Assorted Veggies, *Mini Cinnamon Roll*

**1 – Pizza Munchable**  
Flatbread, Pepperoni, Mozzarella Cheese, Marinara Sauce, Fresh Apple Slices, Assorted Veggies

### 2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

**1 – Bosco Sticks w/ Marinara Sauce, Steamed Green Beans, Fresh Baby Carrots, Applesauce**

### 2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

**1 – Hot Dog**  
Tator Tots, Buttered Corn, Diced Peaches

### 2 – Banana Bread Lunch

Banana Bread, Yogurt, Diced Pears, Assorted Veggies

**Treat (for both) – Smoothie Pop PTN**

**1 – Orange Chicken, Fried Rice, Steamed Broccoli, Celery Sticks, Mandarin Oranges**

### 2 – Fun Lunch

Uncrustable, String Cheese, Apple Slices, Assorted Veggies, Goldfish Crackers

**1 – Peanut Butter Dipper**  
Peanut Butter Cup, Fresh Apple Slices, Baby Carrots, Celery Sticks, Cheese Stick, Pretzels, Graham Treat

### 2 – Ham Sub Lunch

Ham & Cheese Sub, Cinnamon Applesauce, Assorted Veggies

Enjoy Your  
Holiday Break!

V = Vegetarian   WG = Whole Grain   N = Contains Nuts   TN = Contains Tree Nuts   PTN = Produced in Plant Containing Nuts/Tree Nuts

\*Menu Subject to Change

This Institution is an Equal Opportunity Provider