

Kewaskum School District High School Breakfast Menu

October 2021

BREAKFAST PRICES All Student Meals are FREE

Milk: \$.35
Adult Breakfast: \$2.25

Must Select at least 2 out
of 4
components !
Components consist of
Protein, Grain, Fruit, and
Milk
*Menu is subject to change

MENU KEY:
V = Vegetarian
WG = Whole Grain
N = Contains Nuts
TN = Contains Tree Nuts
PTN = Produced in Plant
Containing Nuts/Tree Nuts

**Breakfast Buffet
(Variety of
Breakfast Items)**
Assorted Fruit Cups
Assorted Juice
Choice of Milk

Other Breakfast Items

Pillsbury Bagels
Banana/Zucchini Bread
Fruit Muffins
Cinnamon Rolls
Cereal/Granola Bars
Cold Cereal
4oz Yogurt
String Cheese
Yogurt Parfaits
Unrustable^N



School News

Any questions or concerns about
the Nutrition Services Program?
Please contact Terri Miller at
(262)626-3105 ext 4105 or
TMiller@kewaskumschools.org

This Institution is an Equal
Opportunity Provider

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2

3

4

5

6

**French Toast
Sticks**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

7

**Yogurt Parfait
(Yogurt w/
Strawberries & Granola)**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

8

**Cheese Omelet
Tator Tots**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

9

**Bacon, Egg, & Cheese
Croissant**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

10

**Professional
Development Day
(No School)**

11

Pillsbury Mini Pancakes

Assorted Fruit Cups
Assorted Juice
Choice of Milk

12

**Breakfast
Boat
w/ Salsa**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

13

Pillsbury Bagel

Assorted Fruit Cups
Assorted Juice
Choice of Milk

14

**Ham, Egg, & Cheese
Croissant**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

15

**Breakfast Buffet
(Variety of
Breakfast Items)**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

18

**French Toast
Sticks**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

19

**Yogurt Parfait
(Yogurt w/
Strawberries & Granola)**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

20

**Cheese Omelet
Tator Tots**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

21

**Bacon, Egg, & Cheese
Croissant**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

22

**Breakfast Buffet
(Variety of
Breakfast Items)**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

25

Pillsbury Mini Pancakes

Assorted Fruit Cups
Assorted Juice
Choice of Milk

26

**Breakfast
Boat
w/ Salsa**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

27

Pillsbury Bagel

Assorted Fruit Cups
Assorted Juice
Choice of Milk

28

**Ham, Egg, & Cheese
Croissant**

Assorted Fruit Cups
Assorted Juice
Choice of Milk

29

**Breakfast Buffet
(Variety of
Breakfast Items)**

Assorted Fruit Cups
Assorted Juice
Choice of Milk